



IRLA continues it's 'lock down' activity of raising funds via a variety of sources.

The HQ has several textbooks and course folders that are being sold off to raise funds for [MIND](#). You can find these in the two lists attached:

Text books - click [here](#)

Course folders - click [here](#)

If you would like to purchase any, we ask that you consider donating £5 plus p&p per textbook, and £25 plus p&p per course book. You will be invoiced for your purchases via Paypal so that you can claim via expenses if needs be.

Please click [here](#) to order and our thanks to you in advance for helping us in raising funds this way.

PS. If there are other topics where you would like the course book, but it is not listed, please contact [Secretariat](#) who can search for this.

Stay safe and well,

Dawn Rutherford

Secretariat